



YOU GOT THIS
WE GOT YOU

GOTHAM GYMNASTICS

Beyond the Gym: A Hub for Growth





3 Who We Are

4 Understanding the Challenges School's Face in NYC

5 How Gotham Gymnastics Can Help

6 Programs We Offer

7 Athletic Porgams

8 Field Trips

9 School's Out

10 Next Steps?

Who are we?



Gotham Gymnastics is more than just a gymnastics facility; we are a community hub dedicated to fostering athletic excellence and physical development in young people.



Our state-of-the-art facilities, expert coaching staff, and tailored programs make us the ideal partner for schools seeking to enhance their athletic offerings.



Understanding the Challenges School's Face In NYC.



Limited Access to Specialized Facilities

Schools often lack specialized equipment and space for gymnastics, but Gotham provides state-of-the-art facilities to expand their athletic programs without major investments.

Coaching Expertise

Budget limitations often restrict schools from offering diverse athletic programs.

Student Engagement

Engaging students in physical education can be tough, but Gotham's dynamic programs make fitness enjoyable, encouraging lifelong healthy habits.

Safety Assurance

Safety in physical education is a concern, especially in gymnastics. Gotham ensures a safe, supervised environment with the highest safety standards.

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BROOKLYN

How Gotham Gymnastics Can Help

State of the Art Facilities

Our facilities are fully equipped to handle a wide range of athletic activities beyond gymnastics, including general physical education, fitness training, and more. Schools can use our facilities as an extension of their own, ensuring students have access to the best resources available.

Flexible & Customizable Program Options

Whether it's a one-time field trip, a semester-long partnership, or a full-year athletic program, Gotham Gymnastics offers flexible options to fit the specific needs of each school. This adaptability allows schools to easily integrate our services into their existing curriculum.

Engaging & Safe Environment

Our facility is designed with safety as a top priority, ensuring a secure and supportive environment for students. Schools can trust that their students will be engaged in well-structured activities that promote physical fitness in a safe and controlled setting.

Community & Team Building

At Gotham Gymnastics, we emphasize teamwork, discipline, and community involvement. Schools can use our programs to foster a sense of camaraderie among students, encouraging them to work together and support one another in achieving their athletic goals.



Programs We Offer



Athletic Programs

Schools can rent our facilities for their athletic programs, with flexible short-term or long-term options.



Field Trips

Students enjoy a fun day of gymnastics and physical activities in a safe, supervised setting.



School's Out

A full-day of engaging gymnastics and activities for students during school breaks.

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Athletic Programs

This program allows schools to use Gotham Gymnastics' top-tier facilities to run their own athletic programs. Whether it's for physical education classes, after-school sports, or specialized training sessions, our expert coaches and advanced equipment provide the perfect setting for schools to enhance their existing athletic offerings. Schools can choose from flexible scheduling options that best meet their needs.

We offer flexible facility rental options for schools that bring groups of students, with pricing based on a minimum of 10 students per session.



Facility Rental Options:

3-Month Option:

- Ideal for schools looking to supplement their athletic programs for a short period. This option offers flexibility in scheduling and access to our state-of-the-art facilities for specific training or seasonal sports.
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Half-Year Option:

- Perfect for schools that want to integrate Gotham Gymnastics into their athletic curriculum for a longer period. This option provides consistent access to our facilities, allowing for deeper program development and skill-building over six months.
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Full-Year Option:

- The most comprehensive plan, offering year-round access to Gotham's facilities. Schools can fully integrate our resources into their athletic programs, ensuring continuous development and access to top-tier training environments.
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Contact us for to learn what plan is right for your school.

Field Trips

Our Field Trip program provides a unique and engaging experience for students. Schools can bring their students to Gotham Gymnastics for a day of fun, fitness, and learning. Students will participate in a variety of gymnastics-based activities tailored to their age and skill level, helping them develop physical skills while having a great time in our state-of-the-art facility.



Schedule Sample:

9:00 | Warm Up

9:10 | Game / Group Huddle

9:30 | Rockwall / Rope / Pit

9:55 | Air Track

10:15 | Balance Beam

10:35 | Bars

11:00 | Floor Game/ BYE

All rotations can be tailored to your specific school needs.

School's Out

The Schools' Out program is an exciting full-day offering designed to keep students active and entertained when school is not in session. While it's structured like a day camp, we provide a diverse range of activities including gymnastics, games, and creative projects that ensure students enjoy a well-rounded and stimulating day, all in a safe and supervised environment.



Schedule Sample:

9:00 | Warm Up

9:30 | Game / Group Huddle

10:10 | Rockwall / Rope / Pit

11:30 | Lunch

12:00 | Rod Floor

1:00 | Laser Beam

1:30 | Tumble Track

2:00 | Vault Floor / BYE

All rotations can be tailored to your specific school needs.

Next Steps?

Contact Us Today!

Email

lyric@gothamgymnastics.com

Locations

315 Douglass St / 316 Douglass St

Call us

718-722-7244 / 347-294-0334

Website Form

<https://www.gothamgymnastics.com/school-programs>

